

SkillsUSA

2010 Contest Projects

Practical Nursing

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SKILLSUSA NSLC PRACTICAL NURSING

INTERVIEW/ORAL ASSESSMENT

TIME LIMIT: 10 MINUTES (TOTAL)

Break down – 10 minutes - Interview

CONTESTANT INFORMATION: You have just completed school and are looking for a position at the local hospital. You have been called in for an interview.

Ask any pertinent questions of the judge. Your time for the interview will start now. Please look to your judge to let him/her know that you are ready.

**SKILLSUSA NLSC
PRACTICAL NURSING**

PHYSICAL ASSESMENT/VITAL SIGNS

TIME LIMIT: 20 MINUTES

CONTESTANT INFORMATION: Patient has just been admitted to the floor. The RN asked you to complete the physical assessment to begin the admission process. Chart to the progress note.

Ask any pertinent questions of the judge. Please let the judge know when you are ready to begin. You will have 20 minutes.

**SKILLSUSA NLSC
PRACTICAL NURSING**

CPR

TIME LIMIT: 10 MINUTES

CONTESTANT INFORMATION: Utilizing the dummy before you, please Act Accordingly! The Judge will tell you when there is pulse or breath; until such time, act as needed.

Scenario: You have just come off shift and driving into your garage you look over and see your 58-year-old neighbor lying in his front yard. His wife is standing near by. What would you do?

Please let the judge know when you are ready to begin. You will have 10 minutes.

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PRACTICAL NURSING**

ANATOMY/HUMAN DISEASE IDENTIFICATION

TIME LIMIT: 10 MINUTES

CONTESTANT INFORMATION: Please pronounce the listed disease process for the Judge. Please speak slowly and distinctly so that the judge can hear your pronunciation. Now write down **and** pronounce for the judge the organ affected by the disease.

Points will be awarded for correct pronunciation of organ, correct pronunciation of disease, and for spelling.

Please tell the judge when you are ready to start. You have 10 minutes.

**SKILLSUSA NLSC
PRACTICAL NURSING**

PATIENT EDUCATION

TIME LIMIT: 15 MINUTES

CONTESTANT INFORMATION: Patient education is one of the most important aspects of all allied health and nursing professions. Correct patient education with patient understanding must be given in a short amount of time. Good communication skills, knowledge of task and observation and listening skills are required.

SCENARIO: Joe Smith, post allergic reaction, bee sting, is to be d/c'd to home today. You are to complete the final order and report to the RN that pt is ready for d/c.

Order: dispense epipen with instruction
to pt and family member

j. patton, m. d

Ask any pertinent questions of judge, then let the judge know when you are ready to begin.

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PRACTICAL NURSING**

DRESSING CHANGE

TIME LIMIT: 15 MINUTES

CONTESTANT INFORMATION: Following correct technique is an important part of Nursing, as is good patient care. This can make a difference between healing and infection.

Scenario; Sally Doe has a 2cm superficial laceration she received while playing soccer with her brother. The physician has placed 2 sutures, please clean and apply sterile dressing. Please complete a sterile dressing change.

You have 15 minutes to complete this task. Ask any pertinent questions of the judge. Take a minute to look at your supplies. Please let the judge know when you are ready and then begin.

**SKILLSUSA NLSC
PRACTICAL NURSING**

MEDICATION ADMINISTRATION – POST SECONDARY

TIME LIMIT: 15 MINUTES

CONTESTANT INFORMATION: Medical math must be done correctly in order to give medication as ordered and prevent medication errors. Medication administration is one of an LPN's most important jobs. Incorrect math or med. administration can lead to serious consequences.

Please read the following chart note, complete the physician's order and document.

CHART NOTE

Pt: Jane Smith

Allergies: NKDA

06/24/2010 – 7:30 a.m. – blood sugar per glucometer – 250mg/dl-----S.Lee,LP

order: regular and NPH insulin

based on sliding scale

V. Reynolds, MD

Ask any pertinent questions of the judge and then let the judge know when you are ready to begin. You have 15 minutes.

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PRACTICAL NURSING

MEDICATION ADMINISTRATION – SECONDARY

TIME LIMIT: 15 MINUTES

CONTESTANT INFORMATION: Please read the following chart note; complete the physician's order, calculating dosage, and document. Show judge your math prior to administering med.

PROGRESS NOTE

Pt: Jane Smith

Allergies: NKDA

06/24/2010 – 1:00 p.m. – 97.8°F, 98, 18, 148/84 – CC: nausea x 2 days since chemo began-----BSky,RMA

order: Promethazine 50mg PO now - V.Reynolds, MD

Ask any pertinent questions of the judge and then let the judge know when you are ready to begin. You have 15 minutes.

SKILLSUSA NSLC
PRACTICAL NURSING
SAFETY

TIME LIMIT: 10 MINUTES

CONTESTANT INFORMATION; For the Practical Nurse knowing physiology, terminology and abbreviations are crucial. We know that Safety must remain a top priority in all that we do for the patient. Generally good rehabilitation techniques help get the patient back to ADLs as soon as possible, which is what we want for the patients. Good communication, taking in pt. hx, and disease processes, helps us to help the pt understand physician's orders even when they do not want to follow them. Please read the scenario below and act accordingly

SCENARIO: Cranky Sam Brown, post R. ORIF is to be d/c'd tomorrow from NH. Mr. Brown has a mild case of dementia. Further, he does not like to walk in the halls, which he must do. Help him to understand as you fulfill the physician's order.

Order reads; ambulation with walker, length of hall x 2, b.i.d.

Ask any pertinent questions of the judge, and then let him/her know when you are ready. You have 10 minutes to complete this task.

**SKILLSUSA NSLC
PRACTICAL NURSING**

NUTRITION

TIME: 10 MINUTES

CONTESTANT INFORMATION: Good nutrition is a healthy concept many people take for granted. The elderly's diet is often times less than it should be for various reasons. As the practical nurse you should take the physiological reasons for poor diet into consideration when you deliver meals to your elderly patients. Culture in relation to diet is also to be considered and addressed with all patients. Please read and complete the scenario below.

SCENARIO: Mr Jesus Gonzelas will be d/c'd to home this afternoon. Discharge dx; Food poisoning, N&V, Diarrhea. Discharge orders include Bland diet x 3 days, progressing to regular diet as tolerated.

Please explain, thoroughly, physician's order to Mr. Gonzelas and his family member regarding bland and regular diet, and choices for this diet. Also, explain "as tolerated"

Ask any pertinent questions of the judge. Take ONE minute to gather your thoughts. Your time will start when you begin talking, or if after one minute when the judge asks you to begin.



CONTEST SCORING CRITERIA

Contest **PRACTICAL NURSING** Chair; **BRANDI CANNON/Diana Kendrick**

| Skill Description | Maximum Points |
|---------------------------------------------------------------------------|----------------|
| Assessment/Vital Signs | 100 |
| CPR | 100 |
| A&P/Terminology | 100 |
| Patient Education | 100 |
| Dressing Change | 100 |
| Medication Administration | 100 |
| Safety | 100 |
| Nutrition | 100 |
| Oral Professional Assessment/Interview | 100 |
| Written Test | 100 |
| Résumé submitted? No <input checked="" type="radio"/> (5% penalty) | |

Tie Breakers

1. SkillsUSA Professional Development Program Test
2. Written Test
- 3.